



LUNCH MENU

Hank Plank £10

Choose 3 of the following;

- * Garlic bread/cheesy garlic bread (v)
 - *Mini Buddha salad (gf, v,vg)
 - *Olives & warm bread and oil (v)
 - *Onion Rings (gf)
 - *Crispy Halloumi & chipotle Dip (gf, v)
 - *Prawn Skewer & sweet chili (gf)
 - Bourbon Chicken wings (gf)
 - *Falafel & mint yoghurt (gf, vg)
 - Scampi & Tartare
 - Hot chorizo
 - *Hummus & Crudités (gf, v, vg)
 - *Cheesy Nacho's (v)
- Crispy hog's pudding & apple sauce
- *Mac 'n' cheese (v)
 - *Baba ganoush & pitta (vg)
 - *Chips, fries/rustic/curly (gf, v)
 - *Sweet potato fries (gf, v)
 - *Herb Sweetcorn cobs (gf, v, vg)
- * Please state (V)Vegetarian, (Vg) Vegan or (GF) Gluten Free when ordering

Pub Classics £10

- *Beer battered cod, chips & peas (gf)
 - Scampi, chips & peas
 - Ham, eggs & chips (gf)
- *Steak & Ale Pie chips, peas & gravy (gf)
- *Bangers & Mash, peas & onion gravy (gf)
- * Homemade burger with cheese & bacon, chips & 'slaw £12 (gf)
- *Veggie Burger with chips & 'slaw

Sandwiches £7 (12-2pm)

- Farmhouse ham with tomato & wholegrain mustard
 - Cod goujons with tartare sauce*
 - Big bacon butty (v)
 - Vegan kebab pitta*
 - Cornish Brie & Red currant jelly*
 - Minute steak & blue cheese
 - Smoked salmon, cream cheese & rocket
- Cornish Ploughman's, with cheese , ham & warm baguette £10

Pizza, 12" rustic Italian pepperoni or goats' cheese, spinach & red onion (v) * £12

Summer sunshine Buddha bowl * (gf,v,vg) £12

Dirty Fries, chips topped with BBQ pulled meat and melted cheese * (gf, v,vg) £8

Nachos, homemade nachos topped with melted cheese, jalapenos with salsa, guacamole & sour cream * £8 add chili or veggie chili (v) £12

10oz Rump Steak, vine tomatoes, field mushroom, chips & 'slaw *(gf, v) £18